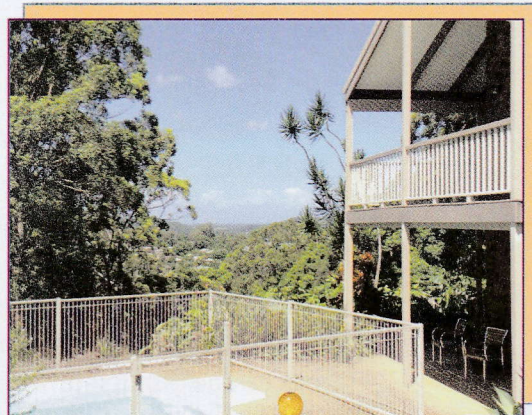


Respite for Carers



CARERS
Outlook



**Carers need a holiday to stay healthy
and to sustain their caring role.**



We share our Nambour home, Carers Outlook, for respite.

**YES! Rest, Sleep, Dining, Cuppas, Company, Conversation,
Guidance, Laughter, Reading, Walking, Swimming, Craft,
Sight-seeing on the beautiful Sunshine Coast.**

NO! Caring Responsibility, Routine, Cooking & Housework.



We care for you & are flexible to suit your needs.

We understand the caring role personally and professionally.

Carers' Comments:

- ❖ *Top grade - food, fun, sights & company. No improvement needed.*
- ❖ *The peace, rest, comfort, companionship, advice, and the laughs were just what I needed to find myself again.*

Lorrae & Vince O'Rourke



Awarded by
Carers Qld
SERVICE PROVIDER
Award
2014 & 2016
Sunshine Coast
2013 State

Vince, author of *I Wish I Were a Leper* cared for his first wife who died from Alzheimer's disease. The book details his care for her at home & in a nursing home.

Lorrae worked for Alzheimer's Qld facilitating carer groups & education programmes. She was the primary family carer for her aged mother who had Alzheimer's & other illnesses.

They married 2010 and created their first home together to be suitable for carer respite.

Since Aug 2010 they had over 300 respite stays (ranging from 11 to 91 years of age). They gave presentations for family carers, staff, volunteers & community for organisations including: University of Qld, Ozcare, Centacare, Blue Care, RSL Care, Carers Qld, CRCCs-Suncare & FSG, Alzheimer's Qld, Alzheimer's Australia, Bundaberg Dementia Café, Community Visitors Scheme, Bromilow, Noosa Care Inc, nursing homes, Rotary, Men's Sheds, Community Health & libraries.



Rest Relax Rejuvenate

For Carers: Individuals, couples, groups of four (from a Support Group), Carers staying with care recipients or carees can be discussed.

Post-carers, Caring staff

Hospital clients or patients

Organisations can hold retreats, education sessions or meetings with carers.

Facilities & Services: The large home located on 3 acres overlooks Bli Bli Valley to the ocean & is peaceful allowing guests to rest, socialize or recreate. There are 4 private queen-sized bedrooms. 2 bedrooms share a bathroom & a separate toilet with grab rails. Lounge, recreation room, family room, gardens & swimming pool, activity/craft courtyard, facilitates scope for leisure. TV, DVD, & Wi-Fi available. Smoking zones outside.

Sorry no pets.

Bring toiletries and medications.

Home-made meals: Dine with us or alone.

Special diets are catered for. BYO alcohol.

CONTACT: for respite, presentations,
or to buy the book, *I Wish I Were a Leper*
Lorrae or Vince O'Rourke
Carers Outlook
50 Savilles Rd Highworth
Nambour Qld 4560
5476 0642 (Bus hrs) 0418 298 183
carersoutlook@gmail.com



Location: Nambour, Sunshine Coast.

Nambour has cafés, shops, RSL Club, nurseries and showground events. Close to all amenities: Hospital, medical centres & churches. Maroochydore, beaches and scenic mountainous areas of Montville & Maleny with its shops, cafés and national parks are about 25 minutes drive away. Local Attractions include: Australia Zoo, Ginger Factory, Eumundi Markets & the Big Pineapple.

Transportation:

Road: Via M1 Sunshine Coast highway.

About 1 hour's drive from North Brisbane.

3 minutes drive from Nambour Hospital.

We can drive you depending on distance.

Undercover Parking is on site.

Nambour railway/bus station:

Is 5 minutes drive. Free collect & drop off.

Call Translink: 13 12 30 for times and cost.

Price List: 1.9.2017

Below is a guide only.

Daily Rates:

\$150 a day a person or

\$210 a day for a couple in the same
bedroom. (\$70 for 2nd person)

Includes linen, towels, all meals,
tea & coffee.

TV, DVD's, our companionship,
transport to and from the train station,
hospital & local drives.

Fees cover expenses.

Carers Outlook is a private family
home & receives no government funding
and is non GST. Vince & Lorrae
volunteer their services. Donations are
welcomed to support carers.

Call Commonwealth, Respite and Carelink Centre 1800 052 222 & Carers Qld 1800 242 636
to discuss support, information, counselling, advocacy and assistance with emergencies and respite funding.

Carers Outlook has Service Agreements with CRCC – (Suncare and FSG).

Consider carer respite in government packages.