

Hope & Healing

Social Work and Counselling

Grief & Loss Support Group

Living after experiencing a loss can be a lonely experience. It has been identified that there is a need for more grief and loss support groups on the Sunshine Coast. Hope and Healing Social Work and Counselling is offering a free, one hour group, once a month for anyone who would like to get together informally to support each other in their grief. There is no eligibility criteria and no need to register, if you would like to attend, just turn up, everyone is welcome including support people.

This will be a six month trial to gauge the interest and need.

Location: Sunshine Brass Band Hall, 3 Daniel Street, Nambour, QLD 4560.

For more information, contact Gabbey on one of the methods below.

Phone: 0490 134 669

Email: gabbey@hopeandhealing.com.au

Website: www.hopeandhealing.com.au

Dates:

- **Tuesday 28th January 2020 3:30pm - 4:30pm**
- **Tuesday 25th February 2020 3:30pm - 4:30pm**
- **Tuesday 31st March 2020 3:30pm - 4:30pm**
- **Tuesday 28th April 2020 3:30pm - 4:30pm**
- **Tuesday 26th May 2020 3:30pm - 4:30pm**
- **Tuesday 23rd June 2020 3:30 - 4:30pm**



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