



**HOLISTIC PEER SUPPORT SERVICES**  
Personal/Community Support and Skills development

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I have been working with NDIS funded clients since April 2019 and feel that any client will benefit from the work that I do. I can work with a wide scope that includes Peer Support Work and Case Management or Psychological Recovery Coaching.

I have a strong background in administration, problem solving, procurement, organisation, communication, and a variety of other skills that have proven useful in my work with clients. I come from my own lived experience which allows for experiential sharing to develop rapport and trust within the working relationship. Due to my journey I have become passionate about equity and social justice. So, becoming a Mental Health/Disability Worker was a natural transition. I have a strong work ethic, work within the parameters of my job role and set healthy boundaries.

### **Qualifications**

Certificate IV in Mental Health.  
Certificate IV in Disability.  
Certificate IV in Training and Assessment.  
Diploma in Workplace Health and Safety.  
Certificate in Psychological Recover Coaching.

### **Other**

First Aid/CPR.  
C Class Licence.  
Blue Card.  
COVID-19 Infection Control.

Areas of my service provision that will be useful to a client are as follows:

- Care and Recovery Planning, development, and implementation.
- Using a self-directed approach put forward by the client in line with "client choice and control".
- Identification and the participation of interests, passions and any other areas that will create satisfaction, harmony, enjoyment and laughter.
- Identify behaviours, traits, and the specific needs of the individual to create a greater understanding for support needs.
- Work with kindness and understanding, adopt and adapt work practices to suit the individual's personal needs.
- Experiential sharing.
- Providing emotional support when needed, either in the home, within the community or in hospital.
- Relationship building through the development of rapport and trust.
- Offering only what is possible.
- Skill tuition, mentoring and development, all underpinned with empowering the client for their own personal growth.
- Setting realistic and achievable goals for the gradual increase in confidence, self-esteem and self-reliance.
- Building Community through group socialisation.
- Understanding the role of each service provider so there is no duplication of services.
- Researching, data gathering and verification. All in relation to client directed goals and discussion with the individual, for informed decision making.
- Connecting to appropriate resources.

### **Mission Statement**

When working with NDIS participants, my philosophy is to provide full transparency with a client directed and communication-based approach. Nurturing personal hopes, dreams, passions and desires, for a life that creates joy and happiness. All underpinned by being gentle and supportive through the bad days and seizing the day through the good days.

