



Naradell News

Naradell - where nurture comes from nature and healing happens naturally

MISSION

Our mission is to provide a caring, compassionate place for those faced with mental challenges who can feel a sense of belonging in an environment that will ...

- build self-confidence
- build self-worth
- build self-motivation
- provide social connectedness
- provide a meaningful occupation of time
- provide the opportunity to learn new skills

Logo designed by Naomi Graphics
Naomi Denes
0402 610 532
naomigraphics.com.au



... from Narelle, our President

My gosh, March already and we are excited that our first meeting to provide a service to Members is fast approaching - our first Naradell Natters is to be held on Tuesday 2nd April.

I truly hope the Christmas and New Year was a safe and enjoyable time for you all. I know I had a peaceful and relaxing time and we on the Committee had a well deserved break to recharge our batteries, to continue on with our passion to achieve our goals for Naradell Farm and an Urban Facility.

Naradell Natters

"I could do with a cuppa & a natter."

Naradell Natters is about gathering information and sharing it by making it available at our meetings and on our website.

It could be activities, services, social groups, support or anything else relevant to mental health that exists on the Sunshine Coast.

It's also about giving you the opportunity to have input into what is missing or let us know about something special you have found.

We also have Feedback Forms from the Sunshine Coast Hospital & Health Service.

If you have had an experience about which you would like to give feedback but would prefer to remain anonymous, as a group we can collate those experiences and submit them collectively from Naradell rather than individually.

This will be done from a positive angle with the intention of assisting Govt Depts to improve their services.

When: 10.00 am to 12.00 noon on Tuesday 2nd April 2019

Where: Millwell Road Community Centre
11 Millwell Road East, Maroochydore

All members are welcome
Not a member? Come as a guest to your first Naradell Natters.
Member Fee - \$10.00 pa
(\$5.00 for Associate Members)



**Even if you're on the right track,
you'll get run over if you
just sit there.**



Will Rogers



Follow us on Facebook

Contact us: info@naradell.org.au
PO Box 8033, Maroochydore Qld 4558

www.naradell.org.au